

## Maps and Directions

Autostrada per Lucca Exit: LUCCA or LUCCA OVEST: Follow signs for: GARFAGNANA and/or CASTELNUOVO (di Garfagnana) and/or SS12 ABETONE

(The road curves to the left in front of McDonalds toward LUCCA CENTRO)

In Lucca, more or less follow outside the wall, watching for signs for SS12 ABETONE (but only until CHIFFENTI) and/or BARGA

Still following signs for SS12 ABETONE. You will LEAVE LUCCA at a traffic circle. You may also follow signs for CASTELNUOVO and/or AULLA

About 5 mins. outside Lucca, at the ESSELUNGA Supermercato traffic circle, (a good place to stop for groceries) follow the tunnels and signs for CASTELNUOVO or BARGA.

[Heading NORTH there are two parallel roads that follow the Serchio River. You can take either one and may "find" yourself on one side or the other not quite knowing how you got there, if you are on the left of the river you can turn right and cross the river at Borgo A Mozzano, Calavorno or Piano di Coreglia, and continue on SR 445. Road signs may send you back and forth, watch town signs and just keep going along the river, either side will do.]

ITINERARY A (10 minutes shorter)

From SR 445 Piano di Coreglia (lower Coreglia) turn right and drive up to: "COREGLIA A." (ANTELMINELLI) Then continue toward PIASTROSO.

±5 K, 10 mins, from the hilltown center of COREGLIA ANTELMINELLI you will find a white/grey house on your right, TAKE THE LEFT FORK, cross the bridge, ±300 mtrs our gravel driveway goes up to the RIGHT.

ITINERARY B ( the scenic route)

Follow signs from SR 445 Fornaci di Barga to BARGA CENTRO. At the intersection with a tall cedar/Albergo Alpino GO UP the tree lined avenue and turn RIGHT toward TIGLIO. Follow signs for Tiglio keeping to the RIGHT at all major forks (ignore Serra). At ± 10 min, pass the large sign for Tiglio, heading up; ± 1 min, keep right at Tiglio Alto fork ; Go ±5 min, at 3 kilometers past Tiglio, our gravel driveway goes up to the LEFT ( Ttl 9 kilometers from the intersection at Barga Centro)

Some distances:

Lucca to Grifoglia: about 45 kilometers (about 50 minutes)

Coreglia Antelminelli to Grifoglia: 5 kilometers (10 mins)

Barga center (Albergo Alpino) to Grifoglia (via Tiglio): 9 kilometers (20 mins)

We recommend that you arrive during daylight.

Please call us if you have any questions. 0583-722-116 -or- 340 670-7057 (cell)

## Travel and Shopping Notes:

### Road Signs

Freeway/Autostrada signs are always posted in green. Local highway signs are blue and scenic/back road signs white or brown. Brown means of special interest.

Signage outside the city of Lucca is highly erratic and inconsistent. Since most roads are labeled directionally, keep in mind the orientation of the major cities. From Grifoglia, Lucca is south, Castelnuovo and Aulla are north. On a positive note, there is very little traffic and you won't find a single traffic light from Lucca to Aulla.

On the SR 445 if you miss a turn for Barga, not to worry, there are 5 roads that lead you up to Barga center. If you are really bothered by winding roads, take the road marked San Pietro in Campo, it is the most direct, least winding, route to Barga.

### Shopping

If you're planning on shopping it's best to get up and go early as some shops and markets close at 12:30 or 1:00.

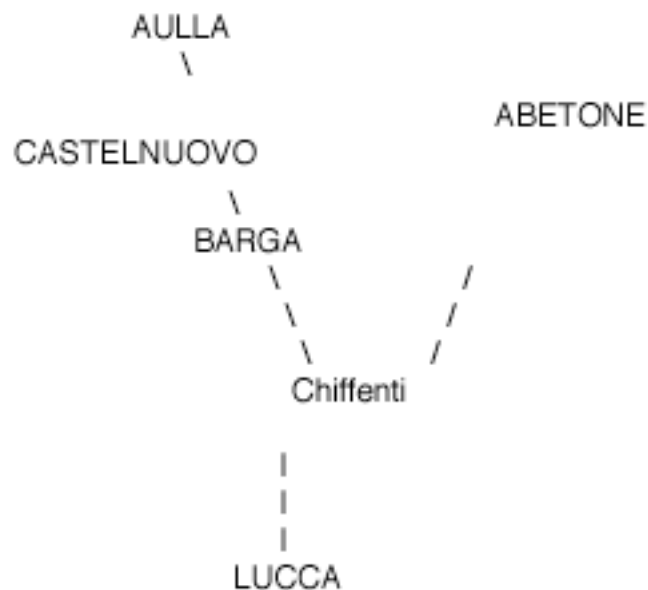
Store/Attraction hours: To the dismay of many of us used to store hours if not 24/7 at least non stop 9-9, much of continental Europe still goes with the afternoon closure. Italy is no exception and if you lived here through the summer months you would understand why, there is very little air conditioning, and from the hours of about 1 PM to 4, you don't want to budge. Remaining relatively still in a cool semi dark stone interior is the way to go and is ingrained in the national psyche. But, budge we must, so working around the hours, which seem not only inconvenient , but also once again erratic, is the key. One solution is to start a lieisurely lunch at 1:00 and plan any

walking or outdoor sightseeing until 3:30 or 4:00 or, if it's too hot, put your feet up on a bench in the shade and read. Everything picks up after 3:30 or 4:00 and stays open until 7:00 and beyond into the cool hours of the evening. Concerts, for instance, rarely start before 9:30 PM. It makes for a delightfully relaxed way of life. That said, there are major grocery stores and isolated shops open non stop about 9-7. Esselunga, Lucca; \*Conad, Fornaci di Barga (Sunday AM); \*Leclerc, Galliciano. \*Open Sunday

Weigh your fruit and vegetables before you go to the check out: Tasto means button/key #. (You are welcome to help yourselves to our kitchen garden too) Be prepared to bag your own groceries, you may even need to ask for a bag, una busta. You will find delicious fresh bread, even woodoven baked, Cotto a legna, sometimes behind the deli counter, sold by the kilo: half, mezzo, is plenty. Our favorite is the Pane Patate, made with potato puree in the batter, it is unique to this area. Whole wheat bread is labeled integrale or scuro.

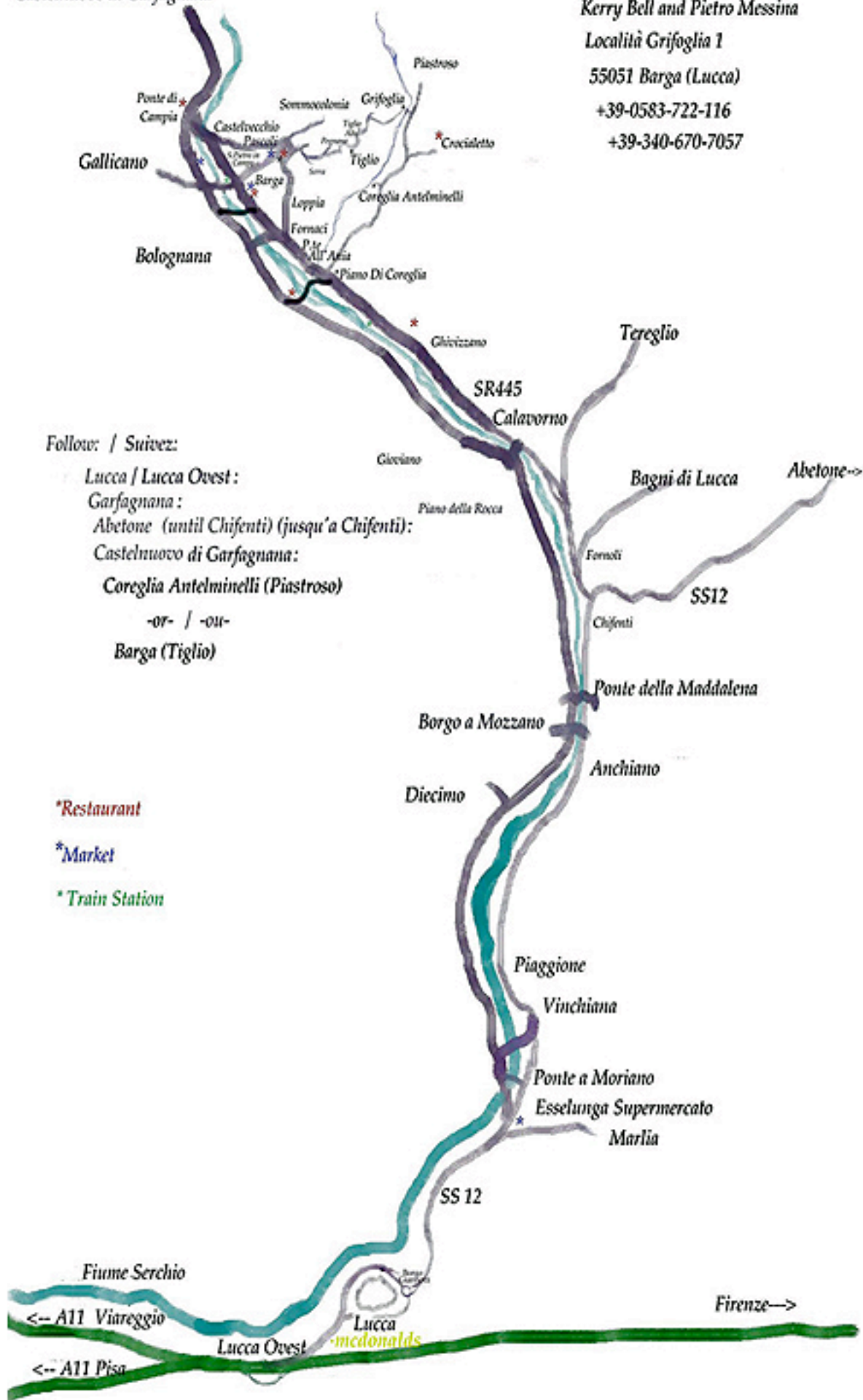
Other local specialties include, Pecorino, ewe's milk cheese, from mild to stagionato, aged; Porcini mushrooms, often gathered from the local mountainsides; Sugo di Cinghiale, wild boar sauce, great simply served over pasta. Farro, a whole grain, is a staple in local cooking, and chestnut flour, Farina di Castagna, is used in several area specialties. Pasta al sugo is the region's version of "Bolognese", this is Tuscany after all, and pappardelle, 1" wide pasta noodles, made fresh in restaurants, are sensational. Anything del Garfagnino is a specialty of our forested northern area of La Garfagnana.

Every town has its outdoor market morning, where you will find, especially fresh, often local, produce, as well as meat and fish, in addition to bargains on clothing, linens and household items. Barga's morning market is held Saturday; Castelnuovo, Thursday; Lucca, Wednesday and Saturday. 9:00 to 1.



Aulla ✨  
Castelnuovo di Garfagnana

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Follow: / Suivez:

Lucca / Lucca Ovest:

Garfagnana:

Abetone (until Chifenti) (jusqu'a Chifenti):

Castelnuovo di Garfagnana:

Coreglia Antelminelli (Piastroso)

-or- / -ou-

Barga (Tiglio)

\*Restaurant

\*Market

\* Train Station

